

For Kids Ages 2+

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CENTER FOR AUTISM

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I brought my daughter to HANDS after being told by her pediatrician she was showing signs of autism. I felt extremely hopeless and finding HANDS was a pivotal moment in our lives. The progress she has made in not even a year is astounding. They have not only helped my daughter, but me as well. The staff are knowledgeable, caring, patient, and encouraging. I wouldn't want her anywhere else.

- A parent at HANDS

LOCATIONS

- 210 Tals Rock Way, Suite # 3 | Cary, NC 27519
- 225 Tals Rock Way, Suite # 1 | Cary, NC 27519
- S311 Tin Roof Way | Raleigh, NC 27616
- 9 1060 South Main Street, Suite #100 | Holly Springs, NC 27540
- In-home Therapy | Wilmington, NC
- In-home Therapy | Charlotte, NC

Evidence-based treatment for children on the Autism Spectrum ages 2+

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- Comprehensive center-based, in-home, and telehealth services to best meet the unique needs of every family
- Close engagement with parents and caregivers through daily session summaries and bi-weekly Parent Training

OUR HANDS ON TEAM FOR EVERY CLIENT AND FAMILY

Therapists trained on each child's treatment plan to deliver 1:1 instruction

A Board Certified Behavior Analyst (BCBA) to develop the treatment plan and monitor progress while working with parents and caregivers through Parent Training

A Clinical Director to help plan each child's therapeutic goals and ensure clinical integrity

An Insurance Manager to assist with insurance approval and submit required paperwork



OUR HANDS ON CLINIC

We build our clinics from the ground up to be therapeutic, safe, fun, and flexible spaces to accommodate different sensory and learning needs. We worked with an architect for a design that provides both comfort and function:

- Spacious sensory gyms
- Flexible treatment spaces and classrooms
- 4 Child-friendly bathrooms
- ¥ Locked staff-only access to treatment spaces from waiting and public areas
- Parent lounge with charging work area, WIFI, and beverage station
- ¥ Conference room for parent training sessions with camera viewing monitor
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OUR 🖐 VISION

To simplify access to care for children with Autism Spectrum Disorders

OUR.¥ MISSION

HANDS Center for Autism will deliver highest standard of care and outcomes-driven treatment to our clients, resources to our local community, and trusted partnerships with our professional colleagues.



As parents and behavioral healthcare professionals, we honor the uniqueness and believe in the potential of every child. Our vision for HANDS is a therapeutic community for those on the autism spectrum and their loved ones.

- HANDS Founders, Hassan, Anh, and Delesta



GETTING STARTED Intake: 919.817.6189



#1

SUBMIT INTAKE DOCUMENTS

Submit these three required documents, on the website, to start the intake process:

- 1 Completed HANDS Application
- 2 Autism Diagnostic Report
- 3 Insurance Card

#7

ACQUIRE AUTHORIZATION

After all three documents have been submitted, we will work with your insurance to verify benefits and request authorization for coverage. We start with authorization for the initial assessment at HANDS.

#3

DETERMINE CLINICAL TREATMENT PLAN After scheduling and conducting the initial assessment, our clinical team creates a personalized treatment plan that includes the recommended number of ABA treatment hours per week, treatment methodology, program goals, and other therapeutic considerations.

#4

#5

PLAN FOR TREATMENT We match the recommendation up with our available services, train paired staff on the personalized treatment plan, and start services at a date agreed upon by you and HANDS.

START SERVICES We start treatment and plan for parent training, which usually takes place twice a month. We also give you a daily progress report at the end of every treatment session.



Evidence-based treatment for children on the Autism Spectrum ages 2+

Comprehensive center-based, in-home, and telehealth services

Clinics built for fun, flexibility, and safety in Cary, Raleigh, and Holly Springs



Learn More handscenter.com



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